Designated Medical Providers (DMP) List

BBP EXPOSURE?

KNOW WHAT TO DO NEXT

CU EMPLOYEE/LEARNER BLOOD OR BODY FLUID EXPOSURE

Risk Management Exposure Reporting

WHAT IS A BLOODBORNE PATHOGEN (BBP) EXPOSURE?

A BBP exposure occurs when blood or other potentially infectious materials (OPIM) come into contact with non-intact skin (cuts, scrapes, or open wounds) or mucous membranes (eyes, nose, or mouth), or enter the body through a needlestick or other sharps injury.

WHAT SHOULD I DO IF I HAVE A BBP?

Immediately care for the exposure site:

- **Needlesticks, cuts, or skin exposure:** Wash with soap and water
- **Nose or mouth exposure:** Flush with water
- **Eye exposure:** Rinse with clean water, saline, or sterile eyewash
- **Injuries threatening life or limb:** Seek immediate emergency medical care

DRAW SOURCE PATIENT LABS ASAP!

Source patient labs are the key to the management of this exposure:

- **If patient is present:** Coordinate with the charge nurse/clinic lead to order STAT labs in Epic (HIV, Hepatitis B, Hepatitis C)
- **If patient has left:** Coordinate with the charge nurse/clinic lead to arrange testing at the clinic or Designated Medical Provider (DMP)
- Testing is provided at no cost to the source patient

AS THE EXPOSED WORKER, DO I NEED LABS DRAWN?

- Possibly, depending on the exposure
- The ER/Urgent Care provider/DMP will determine if testing is needed
- If labs are not drawn initially, they may be completed at a follow-up visit with your DMP

WHO DO I CONTACT AFTER AN EXPOSURE?

- **Notify leadership:** Charge nurse, clinic lead, or supervisor
- **During business hours:** Seek evaluation and treatment at a CU DMP as soon as possible
- **After hours:** Seek initial care at an Urgent Care or Emergency Department, then follow up with a CU DMP
- **Contact CU Occupational Health:** 303-724-9145 during business hours for follow-up and care coordination
- **Complete** the required CU Risk Management incident report

IMPORTANT: Do not delay seeking care while waiting for source patient lab results. If exposed after hours, contact Occupational Health the next business day.

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