1. Login to https://my.cu.edu/

2. Open Skillsoft

3. Click “CU DENVER | ANSCHUTZ”

4. On the left side of the page under “Categories,” click on “Instructor Led Training (ILT)”
5. Click on “CU Denver | Anschutz: Clinical Research”

![Image](https://example.com/image1)

6. On the left side of the page, select from the following sub-categories:
   - Basic
   - Intermediate
   - Advanced

   Note: A list of courses and their sub-categories can be found [here](https://example.com/courses).

![Image](https://example.com/image2)

7. Find the class you want to take

8. Click “Details”

![Image](https://example.com/image3)

9. Select a session
10. Click “Enroll”

11. You will receive a system-generated email. The email will include: an attachment for adding the class to your Outlook calendar, a Zoom meeting link (if applicable), and a link to edit your enrollment.